



EXPLORATIONS

Blue Hill Consolidated School

60 High Street • Blue Hill, Maine 04614

March 7, 2013

RESPECT RESPONSIBILITY KINDNESS

At today's assembly, the staff and students of BHCS focused on the values of respect, responsibility, and kindness. More information will be coming next week.

~The Positive Behavior Team

BHCS Students Are Stars!

In school...

**Our cheerleaders took 4th place in the Ellsworth Spirit Invitational last weekend! And, second grader Lael Clapp took first place in her division with her Lamoine team.

**All three of our jazz bands qualified for the State Jazz Festival on March 23 in Portland. They sound amazing!

**Four of our basketball players received recognition from all the Coastal League coaches recently. Mazie Smallidge was named to the Girls All League 1st Team, and Sarah Mullen received honorable mention. For the boys, Taylor Schildroth was named Boys All League 1st Team, and Cameron Gordon made the Boys All League 2nd Team. Max Mattson was given honorable mention. Great work this season, athletes!

Outside of school...

**Curran Granger participates in a peewee hockey program in Bangor and his team brought home a silver medal last weekend in the Maine Hockey Development March Showdown Tournament!

PTF News

By the time you are reading this, PTF will have had their Spring planning meeting. Be on the lookout for a sign-up sheet for ways that you can help out.

**Friday, March 8th, 6:30 - 9:00 PM is B.E.A.R. Night. Join us for a night of reading and other fun, book-related activities! Please bring..... a

parent, a blanket, a pillow, a stuffed animal, and a snack to share from one of your favorite books. For example: blueberry muffins from *Blueberries for Sal*.

**Friday, March 15th is the Potluck and Variety Show. Dinner is at 5:30 PM, and the show begins at 6:00 PM.

Health News

**They're Coming!! They're Coming!!

No, not the British... but, the Skippers are coming!! The Skippers Jump Rope Team, that is. Mark your calendars for Saturday, March 23rd from 10 AM to 12 noon for this fantastic, fabulous, and exciting event. Mr. McCormick has invited this team of school age children from Camden-Rockport to join us in the gym that day. This team of students travels to schools in Maine and exhibits their terrific jump-roping skills, while at the same time promoting physical activity as a life-long behavior that will strengthen the heart, and reduce the risk of heart disease, hypertension, obesity, diabetes, and stroke.

Another reason they are doing these exhibitions is to bring awareness about what the American Heart Association is doing to help babies, children and adults with heart problems. The American Heart Association needs everyone's help in supporting research that results in treatments and procedures that save the lives of babies and children born with heart defects.

They also need our help in educating everyone about the heart and health problems that develop because of poor nutrition and lack of physical activity. Mr. McCormick and I are incorporating the Jump Rope for Heart Health into our health and physical education lessons this month. We encourage BHCS kids to incorporate physical activity and healthy nutrition into their daily lives and to embrace these choices for a lifetime. So, again, you don't want to miss this exciting event! Saturday, March 23rd, from 10 AM to noon in the BHCS gymnasium! Look for more information about the Skippers Jump Rope Team on the BHCS website, along with great

information about heart health and ways to reduce your risks of developing heart disease. PS: Our kids at BHCS have some pretty amazing jump-roping skills of their own!!! It's a wonderful sight to see all of them jumping and smiling in Mr. McCormick's classes. And, they're very smart too! Ask any of the students in grades 5-8, "How many chambers does the heart have?" They'll be able to tell you!!

~Debbie Candage, school nurse

Hancock County Food Drive

Once again, BHCS will do their part to contribute to the Hancock County Food Drive in collaboration with the efforts of the UMaine Cooperative Extension, Washington Hancock Community Agency, Healthy Acadia, Maine Community Foundation, United Way of Eastern Maine, and other schools, churches, community groups, and businesses. This event takes place during the month of March, so if you would like to make a donation of non-perishable food items, please send them in with your child. Every little bit makes a big difference. Thanks.

First Congregational Church of Blue Hill - Youth Group

March is step up month! All kids in grades 5-7 are invited to join in this month. Youth group leaders, Tina and Jeff Allen, invite you to join them for a variety of events including a tour of the Food Pantry, a St. Patrick's Day Celebration, decorating Ukrainian eggs, and a bowling/pizza trip. Meetings are held at the Fisher Hall in the Congregational Church. For more information call Tina Allen at 266-6336 or Sunday School Director Wendy Ritger at 374-2891. Church membership is not a requirement to be a youth group member.

Wrestling Club for Grades 5-8

GSA Coach, Jerome Lawther, is offering a free wrestling clinic for four weeks, March 18th-April 8th, on Mondays from 3:30 – 5:00 PM in the GSA cafeteria. Come learn the basics and have fun! This is for both beginners and those with experience. Parents are welcome.

Blue Hill Concert Association

This Sunday, March 10th, at 3:00 PM the Blue Hill Concert Association is pleased to present the Atos Trio. Members of the trio are Annette

von Hehn on violin, Stefan Heinemeyer on cello, and Thomas Hoppe on piano. They will play works by Debussy, Faure, Chaminade, Boulanger, and Francaix. The concert takes place at the Blue Hill Congregational Church. Students under 18 are admitted free of charge. Suggested donation for adults is \$30. For more information, go to www.bluehillconcerts.org.

St. Patrick's Dinner

The First Congregational Church of Blue Hill's St. Patrick's Day Dinner with Irish entertainment will be held on Saturday, March 16th, at 5:30 PM. For information and reservations, please call 374-2891.

There will be a **ZUMBA Fundraiser** on March 9th at the Sedgwick Elementary School to raise funds for the MDSC (Massachusetts Down Syndrome Congress) Boston Marathon Team. Sharlene Grant, a local lady, will be running the Boston Marathon with this team in a few weeks! All proceeds will go toward the team goal. The gym opens at 8:30 AM. There will be a raffle so come early to buy your tickets. The minimum ZUMBA donation is \$5 per person. ZUMBA is from 9-10 AM. FAMILIES are welcome! Any questions call The Blue Hill YMCA at 374-2248.

Covering the Bases

Spring baseball clinic with GSA coaching staff
Hitting, pitching, fielding, and base running
Boys age 13 and 14
GSA Gym
March 9, 16, 23 and 30
9 AM – 12 Noon
\$10/session

Dates to Remember

Fri., Mar. 8	Trimester 2 Ends B.E.A.R. Night in the school library at 6:30 PM. A night of reading fun!
Sun., Mar. 10	Daylight Savings Time (spring forward!)
Wed., Mar. 13	School Board Meeting, 5 PM
Fri., March 15	PTF Potluck and Variety Show Dinner is at 5:30 PM and the show is at 6:00 PM, BHCS Café
Sat., Mar. 23	State Jazz Fest, Portland
Sat., Mar. 23	Skippers Jump Rope Team, 10 AM-noon, BHCS gym
Fri., April 5	BEEM Bash