



EXPLORATIONS

Blue Hill Consolidated School

60 High Street • Blue Hill, Maine 04614

September 18, 2014

Making Strides 5K Run-Walk 2014

Uniting families, friends, and community in their battle against autism!

Saturday, September 27 (rain or shine)

Blue Hill Consolidated School

Registration 9:00 - 9:45 AM

Run-Walk begins at 10:00 AM

Participants are encouraged to find sponsors. For sponsor sheets, registration forms, and other information call Katy Lacasse at 266-5434.

Make checks payable to Making Strides.

Save the Date for BHCS Fall Clean-up !

Saturday, October 4th from 9 to 12 noon.

School Health Status Update

There have been some cases of students with low-grade fever, cough, and sore throat reported to the school nurse. Whenever a student is exhibiting signs of contagious illness, we recommend they stay home. If your child has a fever over 100 degrees F, is coughing a lot, and complains of sore throat, nausea, and/or has vomited, please keep him/her home. The guidelines that we follow at school are to send any child home with a fever of 100 degrees or greater, and I have sent a couple of students home this week with these symptoms. The reports that have been received from parents who have had their children evaluated are that this illness is viral, needs to run its course, and to keep the student home until the symptoms have resolved.

In light of the concerning Enterovirus-D68 that is currently affecting children in other parts of the country, it doesn't hurt to remind everyone of the importance of practicing infection control measures such as meticulous hand washing practices, coughing/sneezing in your sleeves or tissues, keeping your child home if he/she is sick, and visiting your child's doctor for symptoms that are worsening and not resolving in a reasonable time frame. Thus far there have been no reported or confirmed cases of

Enterovirus in Maine. We should all still be very particular about practicing the most beneficial infection control measures as described above.

At this time of the season, the other types of precautions to take are to protect yourselves from Eastern Equine Encephalitis and West Nile Virus, which are caused by mosquito bites. I've attached fact sheets from the Maine CDC about these illnesses, the recommendations about mosquito repellents, and protective measures to follow.

Please do not hesitate to contact me with any questions or concerns. And, in the near future, information will be coming home about the flu vaccine clinics that will be offered in November. Stay healthy!

Mrs. Candage, RN, BSN/School Nurse

After School Pick Up Notice

We have changed the location for students to be picked up after school; they are now in the library for a story time. We also must remind parents that safety is our first concern, and we need the buses to leave before the walkers and pick-up kids leave. Please wait for the doors to open after the buses leave before taking your child.

Warning: Dangerous Salt and Ice Challenge

It has come to our attention that a dangerous "dare" has been going viral on YouTube. It's called the Salt and Ice Challenge, and while it sounds harmless enough with these ingredients, it can be very dangerous. In essence, it combines salt and ice on the skin and causes frostbite that results in skin damage. In some cases, the damage has needed skin grafts for repair. If you hear children talking about this, or carrying salt or ice cubes, please be sure to remind them of how dangerous "dares" can be. Thank you.

Legos Search

We are looking for Lego donations that we will be able to use during recess times. We have a

wonderful new storage shed for our equipment and would like to be able to keep bins of Legos in there for students to use while at recess. Thanks for looking! If you find some, you can get them to Lori Wessel or call 374-2202, Ext. 111.

Teacher Recognition

Artsonia, a web-based gallery of school art, has recognized **Penny Ricker** for outstanding leadership in the area of Arts Education. Our school ranks 7th in the state for art leadership, as she has “created a school community deserving recognition by going beyond the classroom walls to encourage family and community involvement in arts education.” Please visit www.artsonia.com. Congratulations, Penny!

3-5 Chorus Club

Wednesdays, 2:45 – 3:40 PM

Please contact Mrs. Means for more information: 374-2202, ext. 115, or ameans@bhcs.org.

PTF News

Our first meeting was great, and many people volunteered to organize or support our PTF activities. Meetings are normally the second Thursday of the month, so our next one is October 9 right after school. The 8th graders are providing childcare during the meetings. One of the PTF goals is effective communication, so we are working on keeping the school website up to date and including important information on our Facebook page. If you would like more information about how you can help out throughout the year, please feel free to contact Sarah King or Tracy Gandy at ptf@bhcs.org.

Please keep clipping your Box Tops and sending them in. Include your child’s name and class on the bag or envelope so we can make sure to credit the class. Our first collection and mailing is only a month away. Last year your efforts brought in over \$500 to BHCS. Attached is a collection sheet that you may use to send in your Box Tops.

Another great way to earn money for our school is through the Hannaford Dollars program. From now until December 6, when you shop at a

Hannaford store you can earn school dollars by purchasing participating products. Put the school dollars in the in-store collection tower or drop them at school. Visit the online site, hannaford.com/helpschools, to learn more and to see a list of the participating products.

Once again the PTF is providing refreshments for the Making Strides 5k Run - Walk on Saturday, September 27. We need people to bring in snack size bags of chips, cut up oranges, apples, bananas, and baked goodies. We will also need some extra hands to help serve food on the day of the event. There is a sign up sheet attached and a display in the lobby.

Mark your calendars for the **Fall Clean Up**. We will be gathering on October 4 from 9-12 to clean up the playgrounds and other outdoor areas of the school. This is a great family event and a wonderful opportunity to get the school in great shape. Kyle Snow has agreed to organize this event. More details will be coming.

Blue Hill Fire Department

BHFD fire prevention committee cares about your safety!

Help yourself to our fire and home safety information.

To schedule a fire station tour, or fire prevention presentation, call David Rackliffe, Fire Protection Officer at 374-2242.

George Stevens Academy **SPORTS & RECREATIONAL** **EQUIPMENT SALE**

(To benefit the 2014 – 2015 GSA Annual Fund)

Saturday, September 27

9:00 AM • GSA Gymnasium

George Stevens Academy is collecting donations of sports, athletics, recreational equipment and gear. All items, large and small, in good, clean condition, are gratefully accepted. Items may be dropped off at the school’s main office Monday through Friday from 8 AM until 4 PM.

Tamarack Farm Music Studio is offering music lessons on trumpet, French horn, percussion, guitar, and piano. If interested, please contact Luki Hewitt at 326-8789.

Soup's on at the Simmering Pot

The Simmering Pot— A community created supper, provides free meals on Mondays from 2:30 to 6 PM at the First Congregational Church. With fall in the air, Simmering Pot's typical menu has changed from summer salads to hearty soups. We make use of bountiful local ingredients for soups and side dishes. Come enjoy a delicious meal at the Simmering Pot. No charge, donations accepted. For information, call 374-2891.

Middle School Youth Group

The First Congregational Church starts its fall season with a meeting on Sunday, September 21, 11:30 AM - 1 PM in the church basement dining room located at 22 Tenney Hill. All students in grades 6-8 are invited. Meet old and new friends, lunch provided. Details, call Jenny Talbert 664-4979 or jennytalbert@gmail.com.

Dolly Fisher Benefit Concert at the First Congregational Church Saturday, September 20, 7:00 pm, in honor of Rob and Becky McCall. Rob is retiring as pastor of the First Congregational Church of Blue Hill. Admission by donation, all proceeds go to the Dolly Fisher fund, to help people living on Blue Hill Peninsula who are in need of assistance with fuel and food. Performers include Noel Paul Stookey, Paul Sullivan, Jay Peterson, Bill Schubeck, Heidi Daub, Gerald Wheeler, Stu Davis, Ross Greenlaw, Justine and Sarah Schneider, Leslie Anderson, Nancy and Blaine Stoner, The Aspiring Angels, Nellie Haldane, The Congo Choir, Adam Mathewson and the Eave Angels, Abigail Jakub, Jordon Soper, and Anne and Lin Parker. Info, call 374-2891.

Touch-A-Truck – This Saturday, from 10 AM – 2 PM at the former Lowe's parking lot (behind Darling's) in Ellsworth. There will be lots of vehicles to check out. We hope you will join us! Proceeds benefit Harbor House Children's Center and the Westside Food Pantry.

The Second Annual Chris K5K (in honor of Chris Kilpatrick) will be held at the Penobscot School on Saturday, October 4th. A kids one-mile fun run is at 10:00 AM. The 5K is at 10:30

AM. Early registrants get free T-shirts. FMI call 479-5972 or 326-9421. Email goodman.sandra1951@gmail.com or jamacnair@yahoo.com.

Dates to Remember

Fri., Sept. 19	Picture Day Grade 4 to Common Ground Fair Grade 3 to Acadia School Board, 5 PM
Wed., Oct. 8	Grade 6 to Acadia, Fire and Ice PTF Meeting, 2:45 PM
Thurs., Oct. 9	No School, Teacher In- service
Fri., Oct. 10	No School, Columbus Day
Mon., Oct. 13	Grade 6 to Schoodic Conferences 7 th Grade at Camp Kieve
Tues., Oct. 14 Oct. 20-24	8 th Grade, Roaring 20's Dessert Theater, No School, In-service
Thurs., Oct. 23	
Fri., Oct. 24	